

High-frequency oscillations in human and monkey neocortex during the wake–sleep cycle

Michel Le Van Quyen^{a,1}, Lyle E. Muller II^{b,1}, Bartosz Telenczuk^{c,1}, Eric Halgren^{d,e}, Sydney Cash^{f,g}, Nicholas G. Hatsopoulos^h, Nima Dehghani^{i,j,2}, and Alain Destexhe^{c,2}

^aInstitut du Cerveau et de la Moelle Epinière, UMRS 1127, CNRS UMR 7225, Hôpital de la Pitié-Salpêtrière, 75013 Paris, France; ^bComputational Neurobiology Laboratory, Salk Institute, La Jolla, CA 92037; ^cLaboratory of Computational Neuroscience, Unité de Neurosciences, Information, et Complexité, CNRS, 91190 Gif-sur-Yvette, France; ^dMultimodal Imaging Laboratory, Department of Neurosciences, University of California, San Diego, La Jolla, CA 92093; ^eMultimodal Imaging Laboratory, Department of Radiology, University of California, San Diego, La Jolla, CA 92093; ^fDepartment of Neurology, Massachusetts General Hospital, Boston, MA 02114; ^gDepartment of Neurology, Harvard Medical School, Boston, MA 02115; ^hDepartment of Organismal Biology and Anatomy, Committee on Computational Neuroscience, University of Chicago, Chicago, IL 60637; ⁱWyss Institute for Biologically Inspired Engineering, Harvard University, Boston, MA 02115; and ^jNew England Complex Systems Institute, Cambridge, MA 02142

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Beta (β)- and gamma (γ)-oscillations are present in different cortical areas and are thought to be inhibition-driven, but it is not known if these properties also apply to γ -oscillations in humans. Here, we analyze such oscillations in high-density microelectrode array recordings in human and monkey during the wake–sleep cycle. In these recordings, units were classified as excitatory and inhibitory cells. We find that γ -oscillations in human and β -oscillations in monkey are characterized by a strong implication of inhibitory neurons, both in terms of their firing rate and their phasic firing with the oscillation cycle. The β - and γ -waves systematically propagate across the array, with similar velocities, during both wake and sleep. However, only in slow-wave sleep (SWS) β - and γ -oscillations are associated with highly coherent and functional interactions across several millimeters of the neocortex. This interaction is specifically pronounced between inhibitory cells. These results suggest that inhibitory cells are dominantly involved in the genesis of β - and γ -oscillations, as well as in the organization of their large-scale coherence in the awake and sleeping brain. The highest oscillation coherence found during SWS suggests that fast oscillations implement a highly coherent reactivation of wake patterns that may support memory consolidation during SWS.

excitation | inhibition | state-dependent firing | wave propagation | synchrony

Neocortical beta (β)- and gamma (γ)-oscillations have been largely studied in the context of action/cognition during wakefulness (1–3). Although numerous studies have focused intensely on the information-processing role of β and γ during wakefulness, these rhythms do also occur during deep anesthesia and natural sleep (4–6). Additionally, although very-high-frequency allocortical oscillations (e.g., ripples at 80–200 Hz and fast ripples at 200–500 Hz in rodent/human hippocampus) have been thoroughly implicated in sleep-dependent memory consolidation (ref. 7 and reviewed in refs. 8 and 9), the occurrence and role of neocortical β - and γ -oscillations during sleep remain largely unexplored and related studies have been limited to macroscopic (whole-brain) scales (e.g., ref. 10). A recent study using microwires and intracranial electroencephalography (iEEG) recordings in the neocortex of epileptics has verified the strong presence of γ -oscillations during slow-wave sleep (SWS) (11). That study also showed a marked increase of spiking during γ , a suggestive indicator of association with cortical UP states. Here, we evaluate the presence of neocortical β - and γ -oscillations during the wake–sleep cycle at the level of local circuitry using dense 2D multielectrode recordings with identified excitatory and inhibitory cells (12, 13).

Experimental and theoretical studies suggest that thalamocortical oscillations (including β and γ) are generated through a combination of intrinsic mechanisms involving the interplay between different ionic currents and extrinsic interaction of inhibitory and excitatory cell populations (14). Mechanistically, it has been shown that the temporal interplay of synaptic excitation and inhibition (15)

and the dynamic balance of ensemble excitation and inhibition (13) shape the neocortical network activity during different states [wakefulness, SWS, and rapid eye movement (REM)]. Specifically, studies of hippocampal and entorhinal cortex point to a link between phasic discharge of fast-spiking (FS) interneurons and the γ -cycle (16–19), and show how the excitation/inhibition balance modulates γ -oscillations (20). Both experimental and simulation studies frame β -oscillations as inhibition-based rhythms as well (21, 22). Here, we show how the interplay of neocortical inhibitory (FS) and excitatory [regular-spiking (RS)] activity is related to these oscillations during the sleep–wake cycle. Additionally, we examine the spiking relation with local field potentials (LFPs) to better elucidate the spatiotemporal organization of inhibitory/excitatory spiking during neocortical β - and γ -wave propagation and coherence in the sleep–wake cycle.

Results

In what follows, we first examine how excitatory and inhibitory units correlate with γ - and β -oscillations. Next, we analyze their spatial coherence and spatiotemporal organization, comparing wake and sleep states.

Prominent Presence of High-Frequency Oscillations During the Wake–Sleep Cycle. In both man and monkey, we detected numerous γ - and β -oscillatory events in multielectrode recordings during both wakefulness and sleep states (Fig. 1 and Fig. S1). In both raw and

Significance

We show in humans that in comparison to excitatory cells, inhibitory neurons have a stronger spiking activity during γ oscillations in the wake–sleep cycle. During β -oscillations in monkey neocortex, inhibitory cells show more active firing. Unlike excitatory cells, inhibitory cells show correlations during slow-wave sleep fast oscillations over several millimeters in the neocortex. During both wake and sleep, β - and γ -waves systematically propagate with a dominant trajectory across the array with similar velocities. These findings suggest that inhibition-driven β - and γ -oscillations may contribute to the reactivation of information during sleep through orchestrating highly coherent spiking activity patterns.

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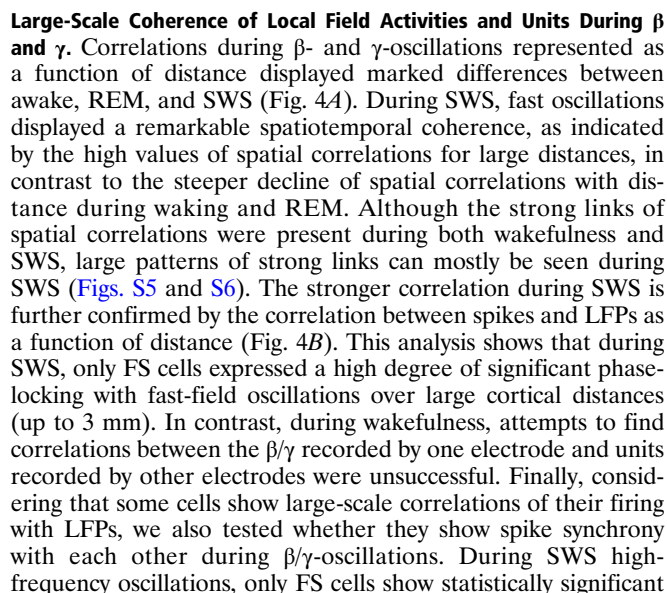
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¹M.L.V.Q., L.E.M., and B.T. contributed equally to this work.

²To whom correspondence may be addressed. Email: nima.dehghani@wyss.harvard.edu or destexhe@unic.cnrs-gif.fr.

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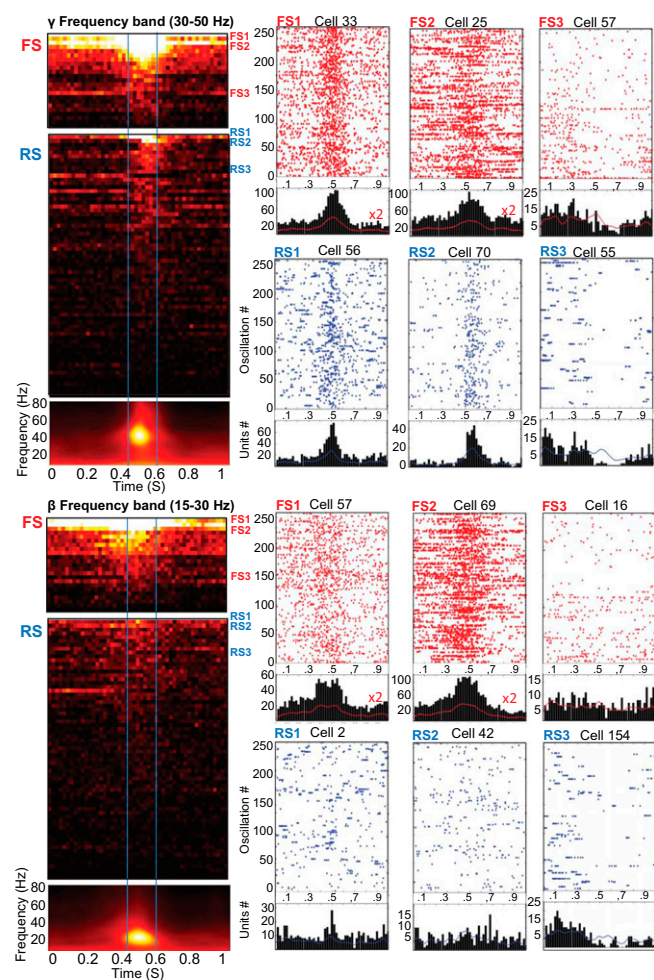


Fig. 2. Oscillation-triggered probability density of firing rates for RS and FS neurons. In each triplet set of heat maps, one shows wavelet time frequency (Bottom) and the other two show FS (Top) and RS (Middle) firing during these example γ - and β -oscillations. The firing rate is color-coded [black, baseline firing rate; white, 5 standard deviations (std) from the baseline]. The cells are ordered by their discharge probability during γ - or β -oscillation (20-ms bin size). A large proportion of FS cells show an increased firing rate during γ and β . Raster plots show spiking patterns of a few sample FS and RS cells. In these raster plots, each row is the spiking of the example cell in one (γ or β) oscillatory epoch. The corresponding average firing pattern (rows in the heat map) for each example cell (FS1, RS2, etc.) is indicated along the right edge of the heat maps. Note the remarkably heterogeneous discharge patterns.

spike synchrony with other FS cells (Fig. 4C). Additionally, these strong correlations did not show any distance dependence. A given cell (such as cell 57 or 69 in the example shown in Fig. 4D) may show strong synchrony (during oscillatory events) with cells that are distant within the same recording multielectrode array. This synchronous spiking could even extend to other cells recorded in another cortical area (from PMd to M1). By contrast, no such correlations over large distances were present for periods of waking.

Oscillatory Wave Propagation. LFPs recorded across the multielectrode arrays showed patterns of traveling waves in both β - and γ -oscillatory events during wakefulness, SWS, and REM (Fig. 5). These oscillatory traveling waves exhibited speeds of $\sim 500 \text{ mm} \cdot \text{s}^{-1}$ and showed repeated stereotypical spatiotemporal patterns within a given multielectrode array. Such stereotypical behavior could be reminiscent of an underlying connectivity and/or barrage of directed input and outputs. The relative phase difference of each LFP

compared with the global mean, averaged over all detected oscillations, revealed the spatial dynamics of dominant propagating wave directions (Fig. 5 A2 and A4). A phase-based approach to detect individual traveling waves identified events with some heterogeneity (Materials and Methods and Movies S1–S3) that generally follow the dominant direction. Both β - and γ -oscillatory events exhibited similar distributions of phase speed, whereas δ -frequency events exhibited speeds lower by almost an order of magnitude (Fig. 5B, Left). Identified γ -frequency wave events exhibited similar phase speed distributions across wakefulness, SWS, and REM (Fig. 5B, Right), indicating possibly similar mechanisms for this wave-like behavior across the functional states of the network.

Discussion

Sleep studies of neocortical β - and γ -rhythms have been mostly focused on their macroscopic manifestation and grouping of different rhythms (23–26). It has been shown that coherent γ -oscillations are present during REM in magnetoencephalography (MEG) recordings (10). Evidence from extracranial EEG and iEEG recordings in epileptics shows that the synchrony of macroscopic γ is lower in SWS and REM relative to the awake state (27) and that γ -presence shows a phasic expression during SWS (11, 28). In this study, we took advantage of high spatial sampling of 10×10 multielectrode arrays in humans and monkeys, and further confirmed that β and γ are prominently present during the sleep–wake cycle at the level of neocortical microcircuitry (Fig. 1). Our findings show that the transient fast rhythms in wake–sleep are not limited to allocortex and that β and γ are preserved across different neocortical areas (e.g., temporal, premotor, motor

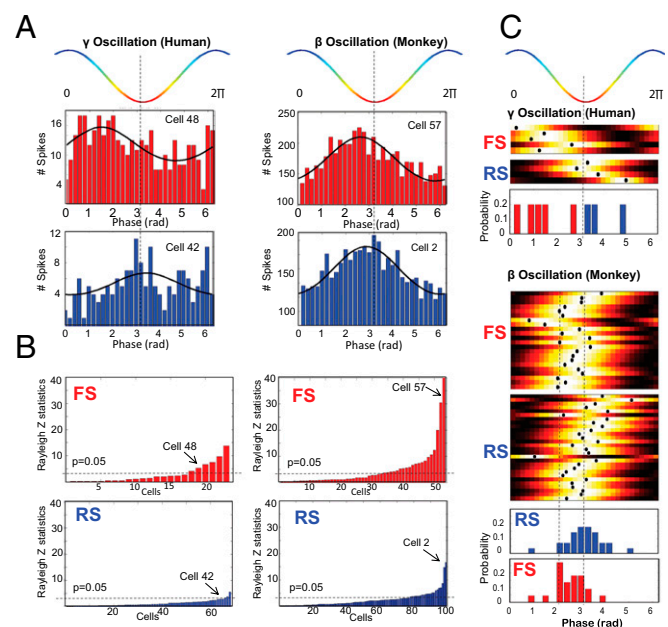


Fig. 3. Phase-locking of spikes relative to the field oscillation cycle for RS and FS neurons during SWS. Phase-locking was considered significant if the hypothesis of circular uniformity for its field phase distribution could be rejected at $P = 0.05$ using a Rayleigh statistical test. (A) Phase distributions of several significantly phase-locked RS and FS cells. The distributions were fitted with a von Mises function depicted here with continuous black lines. (B) Histogram of Rayleigh's Z value for all investigated RS (blue) and FS (red) cells. Note the large proportion of FS cells that were modulated by β and γ patterns. (C) Histograms of preferred firing phase for significantly phase-locked neurons. For each RS (blue) and FS (red) cell, the normalized distribution is depicted (hot colors), with black dots indicating the preferred firing phase. Note that, on average, FS cells fired earlier than RS cells.

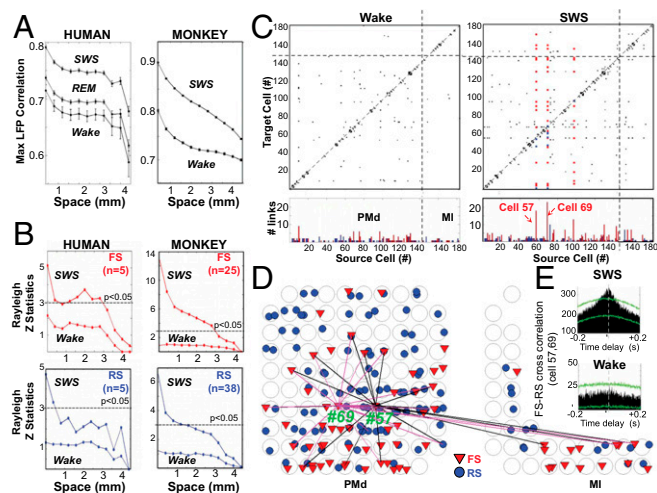


Fig. 4. Large-scale coherence of LFP activities and spikes during wake-sleep γ - and β -oscillations. (A) Field-field correlations: maximum (Max) of the cross-correlation (within a time lag ranging from -50 to 50 ms) averaged over all filtered LFPs (in the γ -frequency range for human and in the β -frequency range for monkey) vs. spatial distance. In both human and monkey, fast oscillations displayed locally correlated dynamics in all states, but the correlations decline with distance. During SWS, correlations stayed high across cortical distances of several millimeters. (B) Spike-field correlations: averaged Rayleigh's Z value vs. distance from LFP sites for all significantly locked RS and FS neurons. During SWS, FS neurons are phase-locked with a field over up to 3 mm in both human and monkey. This phase-locking disappears during wakefulness. In contrast, RS neurons show less spatial coherence during SWS and no significant correlation with distant LFP sites during wakefulness. (C) Cell-cell correlations: matrices of significant spike synchronization for PMd and MI cells during β -oscillations in monkey. For SWS, the type of target cells is indicated for cells 57/69 with colors (red, FS; and blue, RS). Note that most of the cell-cell interactions over the extent of the array are FS. (D) Spatial distribution of significant cell-cell interactions for two FS cells. Spike synchrony with cell 57/69 can be seen with cells that are spatially far apart. This synchronous spiking could even extend to other cells recorded in another cortical area (from PMd to M1). (E) Example of spike cross-correlogram during SWS and Wake states. Note the presence of a significant peak around zero during SWS that disappears during the Wake state (in green, mean ± 3 SDs of 100 surrogates generated by temporal jittering).

studied here). Additionally, we observed a clear heterogeneity of firing patterns in both cell populations during both β and γ (Fig. 2). Our results show that the cellular correlates of β - and γ -oscillations implicate both inhibitory and excitatory populations, but with a clear prominence of inhibitory cells.

Theoretically, it has been shown that inhibition plays a dominant role in generating synchrony (29), and is implicated in the large-scale synchronization of oscillations in the thalamocortical system (30). Experimental evidence also points to a more effective γ -elicitation through optogenetic stimulation of inhibitory, rather than excitatory, cells (31). Regardless, it is still controversial as to whether fast rhythms, such as γ , are generated through an exclusive interaction between interneurons [interneuron gamma (ING)] or via pyramidal-interneuron gamma (PING). A detailed account of fast oscillation's cellular mechanisms is provided elsewhere (32–34). However, the big picture is fairly intricate and involves an array of complex cellular and subcellular mechanisms (22, 33). Nonetheless, although extracellular recordings cannot directly discern mechanisms such as ING vs. PING, they can provide a channel to study patterns of ensemble activity during fast rhythms. We observed that even though both inhibitory FS and excitatory RS cells are implicated in β - and γ -oscillatory events, a larger proportion of inhibitory cells showed higher firing (Fig. 3A and B and Table S3). Furthermore, FS cells fired earlier than RS cells in relation to the oscillatory cycle (Fig. 3C). Given that prior experiments suggest cycle-by-cycle recruitment of inhibition after

excitation in orchestrating high-frequency rhythms (20), it is likely that the origin of the observed fast rhythms in our experiment was either distal to the recorded region/layer or included a mixture of distal and focal elements. These possible distal contributions could be conveyed through afferents from different layers of the involved column or from neighboring areas. In fact, divergent generating mechanisms of fast rhythms, depending on the cortical layer and rhythm frequency range, have been explored previously in models and in vitro preparations (35). Even though our results show a stronger phase-locking with fast oscillations, our experimental preparation does not allow a distinction between focal and likely distal oscillation generators.

Oscillatory rhythms could coexist, manifest state-dependent variability, and act as cell assembly organizers (36, 37). Although the exact functional role of oscillations is still a matter of debate, several hypotheses propose they play a role in the representation of information; regulation of the flow of information; and, last but not least, storage and retrieval of information in neural circuitry (reviewed in ref. 38). These not mutually exclusive roles of oscillations relate rhythms to the general notion of plasticity and memory consolidation during sleep (9, 39–41). Oscillations exert these effects through coordinating population activity in local and distant neuronal assemblies in SWS (42). Different synchronization mechanisms of β and γ are thought to be related to distant interaction and local computations during cognition (43). Much emphasis of near zero-phase lag synchrony over a few millimeters has been based on awake cognitive states (44, 45), even though the initial evidence came from anesthetized state experiments (46–48). However, the synchronization of neighboring cortical sites through fast rhythms is not limited to awake or anesthetized states, and it occurs during a range of altered states of consciousness (anesthesia, SWS, and REM) (4, 49). Interestingly, we also noted that correlated firings can be detected between spatially distant (PMd and M1) FS neurons (Fig. 4).

One of the most striking observations was that the coherence of γ -oscillations markedly increases during sleep. At the level of LFPs, we found that the millimeter-scale coherence of fast oscillations is more coherent during REM sleep compared with wakefulness, in agreement with previous studies in MEG (10) and extracellular recordings in cats (6). Interestingly, this spatiotemporal coherence is even larger, and is the highest in SWS (Fig. 4 and Figs. S5 and S6). Similarly, we found that during SWS, FS cells are phase-locked with LFPs over up to 3 mm, whereas this phase-locking remains local during wakefulness. In contrast, RS cells show diminished spatial coherence during SWS and no significant correlation with distant LFP sites during wakefulness (Fig. 4). The coherence of fast oscillations during SWS, which occur focally or over a span of a few millimeters, poses a nice challenge for future modeling and experimental studies. A possible role of slow waves in memory consolidation has been well explored in the past decade (9, 50, 51). The present findings of similar fast oscillations during SWS and wakefulness are compatible with a reactivation of wake patterns. The higher coherence of SWS fast oscillations could perhaps be a substrate to induce long-term changes in cortical circuits during this reactivation. Such a possible role for fast oscillations in memory consolidation during sleep would be an interesting venue to explore.

Finally, slow oscillations show traveling waves over long distances (spanning several centimeters) during sleep (52). However, much of the information about traveling waves is based on studies in anesthetized animals (53–55). Although recent developments in multielectrode array recording technology have enabled the detection of (γ) fast oscillatory waves in anesthetized preparations (56), it is only recently that traveling β -waves have been reported in the awake state (57, 58). In a recent study, it was shown that the anisotropy of the cortical wiring may influence the spatiotemporal spike patterning (at least in the motor cortex) and that FS cells were found to fire more reliably in phase

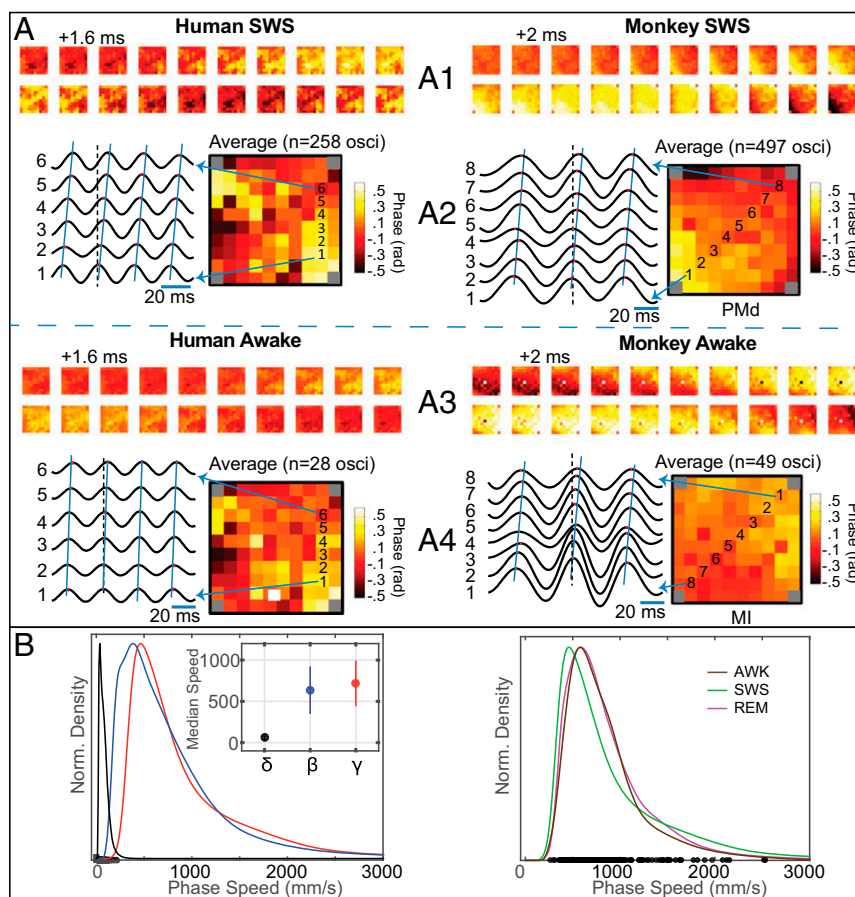


Fig. 5. (A) Wave propagation in the δ -frequency (0.5–4 Hz), γ -frequency (30–50 Hz), and β -frequency (15–30 Hz) ranges during SWS or wakefulness. LFPs in the γ - and β -bands from a single trial are plotted with respect to the spatial arrangement of the recording electrodes. (A1 and A3) Spatiotemporal plots of example LFP waves in human γ (Left) and monkey β (Right) for both SWS (A1) and wakefulness (A3). (A2 and A4) Stereotyped, repetitive spatiotemporal patterns of single oscillations (osci) were frequently observed throughout the recordings. (B) Phase speed distributions across frequency bands and across network states in human. (Left) Plotted are the kernel smoothing density estimates for δ -, β -, and γ -frequency bands during SWS. Speed estimates from individual δ -epochs are plotted on the abscissa (black dots). Propagation in the δ -frequency band exhibited speeds predominantly in the 10–100 mm·s^{−1} range, whereas β - and γ -frequency propagation exhibited higher speeds (Inset; median + median absolute deviation). (Right) γ -Oscillations across different states exhibited similar distributions of propagation speed. Speed estimates from individual γ -epochs in the awake state are plotted on the abscissa (black dots). AWK, awake; Norm., normalized.

with the β -oscillation (59). In the present paper, we adapted a phase-based method (60) to detect propagating fast oscillatory waves, and found that both wakefulness and sleep harbor these waves (Fig. 5) and that their speed is not affected by the state of consciousness. However, they do exhibit a tendency to manifest stereotypical directionality (Fig. 5 and Movies S1–S3). Dominant directionality could be related to the underlying connectivity profile that serves the intra- and intercortical information transfer (57). The computational implication of horizontal connections could point to a preset preferred path for information processing within a given functional domain of the neocortex (60–62). That such a directional path is “functionally” preserved in sleep could be further evidence that corticothalamic UP states replay fragments of wakefulness (63). The fast oscillations dynamics that we found here are consistent with such reactivation.

Conclusion

These findings confirm and extend earlier studies reporting high-frequency oscillations (>20 Hz) during sleep (4, 6, 11). In particular, we found that β - and γ -oscillations organize and modulate cortical population activity during SWS in the form of coherent waves traveling over several millimeters in the human/monkey neocortex. In addition, we observed that FS cells are strongly involved in the generation of these spatiotemporal patterns. The

partial overlap between the spatial distribution of β / γ -oscillations during sleep and wakefulness (57) suggests that these waves share similar functional attributes. During sleep, they may replay wake patterns with increased coherence that could play a role in memory consolidation.

Materials and Methods

In epileptic humans with intractable seizures, 10 × 10 multielectrode arrays (400- μ m interelectrode separation, 1.0-mm electrode length) were implanted in the middle temporal gyrus. Patients consented to the procedure, which was approved by the Massachusetts General Hospital’s Institutional Review Board in accordance with the ethical standards of the Declaration of Helsinki. In monkeys, similar arrays were implanted in the MI and PMd. The procedure was approved by the University of Chicago’s Institutional Animal Care and Use Committee and conformed to the principles outlined in the Guide for the Care and Use of Laboratory Animals (64). Details of cell categorization, β - and γ -event detection, synchrony, and analysis of spatiotemporal activity patterns are provided elsewhere (11–13, 60, 65–67) and in [Supporting Information](#).

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